Can we predict the duration of an interglacial?

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Abstract. Differences in the duration of interglacials have long been apparent in palaeoclimate records of the Late and Middle Pleistocene. However, a systematic evaluation of such differences has been hampered by the lack of a metric that can be applied consistently through time and by difficulties in separating the local from the global component in various proxies. This, in turn, means that a theoretical framework with predictive power for interglacial duration has remained elusive. Here we propose that the interval between the terminal oscillation of the bipolar seesaw and three thousand years (kyr) before its first major reactivation provides an estimate that approximates the length of the sea-level highstand, a measure of interglacial duration. We apply this concept to interglacials of the last 800 kyr by using a recently-constructed record of interhemispheric variability. The onset of interglacials occurs within 2 kyr of the boreal summer insolation maximum/precession minimum and is consistent with the canonical view of Milankovitch forcing pacing the broad timing of interglacials. Glacial inception always takes place when obliquity is decreasing and never after the obliquity minimum. The phasing of precession and obliquity appears to influence the persistence of interglacial conditions over one or two insolation peaks, leading to shorter (∼13 kyr) and longer (∼28 kyr) interglacials. Glacial inception occurs approximately 10 kyr after peak interglacial conditions in temperature and CO₂, representing a characteristic timescale of interglacial decline. Second-order differences in duration may be a function of stochasticity in the climate system, or small variations in background climate state and the magnitude of feedbacks and mechanisms contributing to glacial inception, and as such, difficult to predict. On the other hand, the broad duration of an interglacial may be determined by the phasing of astronomical parameters and the history of insolation, rather than the instantaneous forcing strength at inception.

1 Defining interglacial duration

Interglacials may be characterized by any property that changes significantly on glacial–interglacial timescales – for example, temperature, atmospheric CO₂ concentration, faunal or floral composition. More formally, interglacials (or interglaciations) have been defined as episodes during which global climate was incompatible with the wide extent of glaciers (American Commission on Stratigraphic Nomenclature, 1961). Thus, the fundamental concept underlying the terminology of an interglacial is that of the sea-level highstand, a measure of integrated global climate effects, which lead to the loss of continental ice. By extension, interglacial length is linked to the duration of the highstand, demarcated by deglaciation and glacial inception. A broad distinction between shorter (approximately half a precession cycle) and longer (approximately half an obliquity cycle or more) interglacials has been recognized (e.g. Shackleton, 1969; EPICA community members, 2004; Tzedakis et al., 2009), although closer inspection has hinted at considerable variation in specific durations (e.g. Forström, 2001; Tzedakis et al., 2004).
Accounting for such differences can provide insights into climate forcings and feedbacks that are relevant to the onset and end of interglacials. A more general motivation is to consider whether the duration of interglacials obeys some simple rules or whether it is essentially unpredictable because of stochasticity in the climate system and small differences in background climate state.

To pursue this question the timing of sea-level changes needs to be constrained, but direct sea-level determinations supported by precise geochronological dating are unavailable for most Middle Pleistocene interglacials. The $\delta^{18}$O from benthic foraminifera may be used as a sea-level proxy, but is overprinted by local deep-water temperature and hydrographic effects, especially near inflection points in the $\delta^{18}$O curve (e.g. Chappell and Shackleton, 1986; Skinner and Shackleton, 2005). In addition, the $\delta^{18}$O of seawater ($\delta^{18}$O$_{sw}$) is relatively insensitive during glacial inception because early ice is less depleted in $^{16}$O than ice accumulated later in the glacial cycle (Mix and Ruddiman, 1984). A record using shallow-infaunal benthic foraminifera to deconvolve deep-water temperatures and $\delta^{18}$O$_{sw}$ over the last 1.5 million years has recently become available from the ODP site 1123 on the Chatham Rise, east of New Zealand (Elderfield et al., 2012). With hydrographic effects considered minimal at this site, the $\delta^{18}$O$_{sw}$ provides an important insight into ice-volume changes over this interval, but the propagated error of $\pm 0.2 \%$ in calculated $\delta^{18}$O$_{sw}$ ($\pm 20$ m sea-level-equivalent), estimated by Elderfield et al. (2012), is too coarse to allow a precise demarcation of the onset and end of the sea-level highstand at the scale of individual interglacials. A continuous sea-level reconstruction based on planktonic $\delta^{18}$O records and a hydrological model for the Red Sea is available for the last 520 kyr (Rohling et al., 2009), but it is unclear whether the sea-level component has been entirely isolated. Comparison with direct sea-level determinations from Marine Isotope Stage (MIS) 5 (Thompson and Goldstein, 2006) shows that the Red Sea record does well in estimating the height of the highstand, but less well in inferring the timing of glacial inception, with short peaks followed by early sea-level declines. The modelled sea-level curve by Bintanja and van de Wal (2008) extends over the last 3 million years, but depends on assumptions about deep-water temperatures and their coupling with atmospheric temperatures. Interglacial duration in this record would thus reflect the model’s prior assumptions.

Whereas pinpointing the start and end of the highstand in convolved sea-level proxy records is not straightforward, an indication of the presence of ice sheets can be provided by the occurrence of interhemispheric millennial-scale climate variability. This requires ice sheets large enough to extend to coastlines and produce iceberg discharges that disrupt the meridional overturning circulation (MOC), leading to rapid cooling of the North Atlantic and gradual warming of Antarctica. This asynchronous phasing in temperatures can be explained by a bipolar-seesaw mechanism (Stocker and Johnsen, 2003), whereby changes in the strength of the MOC lead to changes in interhemispheric heat transport. An asymmetric response has also been observed in North Atlantic cores on the Portuguese margin (Shackleton et al., 2000; Margari et al., 2010) and the Gardar Drift (Hodell et al., 2010), where $\delta^{18}$Oplanktonic records resemble the Greenland temperature record, reflecting rapid migration of the polar front (Shackleton et al., 2000), whereas $\delta^{18}$Obenthic curves resemble the Antarctic temperature record, both in shape and phasing relative to surface-water changes. This primarily reflects changes in local deep-water $\delta^{18}$O$_{dw}$, a significant portion of which is attributed to changes in deep-water sourcing and/or source signature (Skinner et al., 2007).

We propose that the interval between the “terminal” oscillation of the bipolar seesaw, preceding an interglacial, and its first major reactivation represents a period of minimum extension of ice sheets away from coastlines. Given that the response of the MOC and the strength of the bipolar seesaw may be modulated by different boundary conditions (e.g. Green et al., 2010; Margari et al., 2010), it is conceivable that a non-active bipolar seesaw might not necessarily indicate interglacial conditions (false-negative) or that an active bipolar seesaw might not indicate glacial conditions (false-positive). With respect to the former, however, a terminal oscillation of the bipolar seesaw appears to be a characteristic feature of deglaciation (e.g. Cheng et al., 2009; Ganopolski and Roche, 2009; Barker et al., 2011). With respect to the latter, freshwater fluxes can occur within an interglacial, but are unlikely to lead to a major disruption of the MOC when the system is in a “warm circulation mode” (Ganopolski and Rahmstorf, 2001); thus, the first major reactivation of the bipolar seesaw would probably constitute an indication that the transition to a glacial state had already taken place.

The occurrence of the bipolar seesaw can be determined stratigraphically in ice cores and marine sequences, by the characteristic fingerprint of interhemispheric changes in climate and hydrographic conditions (Tzedakis et al., 2012). The current and last interglacials provide a test of this approach. The onset of the current interglacial (Fig. 1) is placed at the end of the Younger Dryas stadial, representing an interruption of the deglaciation process, with glacial readvances in some regions and a reduction in the rate of sea-level rise (Bard et al., 2010). The Younger Dryas also represents the last significant bipolar-seesaw oscillation, when temperatures rose in Antarctica, while the North Atlantic cooled. This definition of the interglacial onset excludes a large part of the early Antarctic warming and may, at first glance, appear North Atlantic-centric. However, given that major ice sheets were located around this region, a North Atlantic-based interglacial definition, for example using the increase in Greenland temperatures, is not entirely at odds with the concept of the sea-level highstand. In a similar vein, the end of terminal Heinrich Event 11 defines the onset of the Last Interglacial, which excludes the early Antarctic warming, but includes the peak in CH$_4$ concentrations and the rise in
Greenland temperatures reconstructed by Barker et al. (2011) (Fig. 2). Although intra-interglacial events may have also disrupted the MOC (e.g. the “8.2 kyr before present [BP]” event, or an event ~ 126 kyr BP), they do not appear to have left an unambiguous interhemispheric fingerprint in Antarctic ice-core records.

With respect to the end of interglacials, the MIS 5e–5d transition represents the only relevant period with direct sea-level determinations and precise chronologies that allow us to infer a sequence of events around the time of glacial inception (Fig. 2). The first major perturbation of the MOC occurred during cold-water event C24, characterized by abrupt surface cooling and ice rafting in the North Atlantic, and decreased Greenland temperatures, gradual decrease in δ18O(benthic) values, and gradual warming in Antarctica (Shackleton et al., 2002; Oppo et al., 2006; Capron et al., 2010). The onset of these changes, ~ 111 kyr BP according to revised estimates based on precisely dated speleothem records (Drysdale et al., 2007; Cheng et al., 2009; Barker et al., 2011), suggests that ice sheets had become large enough to calve along coastlines and disrupt the MOC. Direct sea-level determinations indicate that sea level fell ~ 119 kyr BP (Thompson and Goldstein, 2006), but rose again after that. Sea level started falling monotonically between 115 and 113 kyr BP, reaching 20–30 m below present by the time of event C24 (Thompson and Goldstein, 2006). Thus, glacial inception occurred ~ 3 kyr before the onset of significant bipolar-seesaw variability.

The reactivation of the bipolar seesaw provides a minimum age or a “terminus ante quem” for glacial inception, which clearly had occurred sometime before. Based on the
MIS 5e–5d transition, we propose to apply the same response phasing of 3 kyr to infer the onset of glacial inception at previous interglacial-to-glacial transitions. Transient simulations with the CLIMBER-2 intermediate-complexity model with interactive ice sheets show a faster increase in inland-ice area and volume at lower insolation minima compared to moderate minima (Calov et al., 2009). Given the large decrease in summer insolation over the Last Interglacial as a result of the strong eccentricity-precession forcing, we suggest that the value of 3 kyr may be treated as a minimum. We thus estimate interglacial duration as the interval between the terminal occurrence of bipolar-seesaw variability and 3 kyr before its first major reactivation. This fixed lag inevitably introduces a further layer of uncertainty on top of timescale errors, but on the other hand, it allows a more realistic estimate of the timing of new ice growth and an assessment of the magnitude of associated changes in forcings and feedbacks. At the other end, the placement of the interglacial onset after the terminal bipolar-seesaw oscillation does not represent the time when maximum sea level was attained, nor would it necessarily lead to the same value of relative sea level between interglacials, as rates of deglaciation may vary between terminations, depending on the location and size of ice sheets and insolation forcing (e.g. Ehlers and Gibbard, 2004; Parrenin and Paillard, 2003). Instead, it represents a time when ice sheets had retreated from the coastline and includes the early peaks in northern temperature and greenhouse gases that are part of our intuitive concept of an interglacial. It is therefore important to underline that this definition of interglacial duration is not identical to a definition based on a fixed sea-level threshold. It represents instead a “process-based” definition (relying on the operation of the bipolar seesaw in proximity to climate intervals of interest), which allows a stratigraphic delimitation of an interval approximating the length of the sea-level highstand. As such, it can be applied consistently on any interval with a sea-level highstand throughout the part of the record characterized by millennial-scale variability and circumvents difficulties of comparing periods that may not meet the conventional idea of an interglacial characterized by sea level at least as high as that of the Holocene.

2 Applying the concept

We determine the duration of interglacials over the last 800 kyr (Figs. 3 and 4), for which ice-core records of atmospheric CO₂ and CH₄ concentrations are available (Lüthi et al., 2008; Loulergue et al., 2008), thereby providing
important constraints on climate boundary conditions. While extending this investigation into the 41-kyr world of the Early Pleistocene is also desirable, the limited information on key climatic indices makes this task difficult at present. Following Tzedakis et al. (2009), the most prominent temperate sub-Stage within each odd-numbered Marine Isotope Stage of the benthic LR04 stack (Lisiecki and Raymo, 2005) is assigned an interglacial status (in MIS 15, both temperate sub-Stages 15a and 15c appear to be equally prominent). The occurrence of the bipolar seesaw may be inferred from the asynchronous phasing between CH$_4$ concentrations (as a surrogate of Northern Hemisphere changes) and Antarctic temperatures in the EPICA Dome C (EDC) ice core (Jouzel et al., 2007; Loulergue et al., 2008), although the central North Atlantic (Hodell et al., 2008) and the Gardar Drift (Channel et al., 2010; Tzedakis et al., 2012), showing asymmetric changes in their benthic-planktonic $\delta^{18}$O signals and occurrence of ice rafted detritus. The main advantage of using the GL$_{T-syn}$ record is that it has been placed on an absolute timeframe by alignment to precisely-dated Chinese speleothem records for the interval 0–400 kyr BP. Before 400 kyr BP, the GL$_{T-syn}$ record uses the EDC3 chronology (Parrenin et al., 2007).

3 Emerging patterns

3.1 Glacial inception

Figure 5 shows that the onset of interglacials occurs within 2 kyr of the boreal summer insolation maximum/precession minimum. The end of interglacials, however, does not fall consistently on the same part of the insolation curve, which suggests that the factors responsible for glacial inception are more diverse and potentially “non-stationary”. Climate modelling studies show that a reduction in boreal summer insolation is the primary trigger for glacial inception, with CO$_2$ playing a secondary role (Vettoretti and Peltier, 2004; Calov et al., 2009); reducing (increasing) CO$_2$ concentrations shifts the inception threshold to higher (lower) insolation values (Berger et al., 1998; Archer and Ganopolski, 2005). A number of feedbacks and mechanisms (snow-albedo, ocean dynamics, equator-to-pole moisture transport, sea-ice-albedo,
forest-albedo) combine synergistically to amplify glacial inception (e.g. Khodri et al., 2001; Crucifix and Loutre, 2002; Vettoretti and Peltier, 2004; Calov et al., 2005). Below, we consider each inception in detail in relation to astronomical and CO\textsubscript{2} changes (Figs. 3 and 4).

**MIS 5e:** Glacial inception (114 kyr BP) occurred near the insolation minimum (116 kyr BP) and obliquity minimum (112 kyr BP). The large decline in summer insolation (110 W m\textsuperscript{-2}) and associated feedbacks during MIS 5e appear to have been sufficient to lead to inception, despite the relatively high CO\textsubscript{2} concentrations of 256 ± 3 ppmv.

**MIS 7e:** A large decline in summer insolation (92 W m\textsuperscript{-2}) coupled with a considerable drop in CO\textsubscript{2} concentrations to 244.5 ± 0.5 ppmv led to an early glacial inception at ∼234 kyr BP and one of the most extensive glaciations (MIS 7d) within an interglacial complex (e.g. Ruddiman and McIntyre, 1982). The short interglacial duration (9 kyr) is likely a result of the strong eccentricity-precession variations and the occurrence of the obliquity minimum (232 kyr BP) near the insolation minimum (231 kyr BP).

**MIS 9e:** Glacial inception (∼323 kyr BP) occurred at the summer insolation minimum (323 kyr BP), ∼9 kyr ahead of the obliquity minimum. Insolation and CO\textsubscript{2} declined by 78 W m\textsuperscript{-2} (to 463 W m\textsuperscript{-2}) and 43 ppmv (to 256 ± 3 ppmv), respectively.

**MIS 11c:** Interglacial values persisted over two insolation peaks. Glacial inception occurred at the time of the summer insolation minimum ∼398 kyr BP, according to the speleothem GLT\_syn timescale. This is ∼5 kyr earlier than in the EDC3 timescale, but in agreement with the Dome Fuji ice core chronology, based on astronomical tuning of the O\textsubscript{2}/N\textsubscript{2} ratio of trapped air to local insolation (Kawamura et al., 2007, 2008), implying that the EDC3 ages over this interval may be too young. Atmospheric CO\textsubscript{2} concentrations at inception remained high (259–265 ppmv), but summer insolation had decreased to 466 W m\textsuperscript{-2} and obliquity was reaching its minimum value at 394 kyr BP.

**MIS 13a:** Interglacial values persisted over two insolation peaks. Glacial inception occurred at ∼481 kyr BP, when summer insolation was relatively high at 500 W m\textsuperscript{-2}, but CO\textsubscript{2} concentrations had dropped to 225 ± 2 ppmv. Glacial inception appears to have taken place well ahead of the minimum in summer insolation (475 kyr BP) and the minimum in obliquity (474 kyr BP) and there is some support for this from speleothem records in the Sanbao Cave, China (Cheng et al., 2012).

**MIS 15a:** Glacial inception occurred at ∼562 kyr BP, when summer insolation was 480 W m\textsuperscript{-2} and CO\textsubscript{2} concentrations 240 ± 5 ppmv. The timing of inception post-dates the insolation minimum by 5 kyr and pre-dates the obliquity minimum by 5 kyr. It should be noted that the duration of MIS 15a has been considerably shortened in the EDC3 timescale, which combines snow accumulation and mechanical flow model with independent age markers (Parrenin et al., 2007), relative to the earlier EDC2 chronology based only on ice-flow modelling (EPICA community members, 2004). However, the onset of millennial-scale variability occurs 3 kyr earlier in North Atlantic sequence U1308 (Hodell et al., 2008), which although within the absolute age uncertainty of 6 kyr in EDC3, suggests that ice-flow irregularities may still be an issue in this part of the ice core.

**MIS 15c:** Unlike other interglacials, glacial inception ∼601 kyr BP occurred 9 kyr after the summer insolation minimum, near the ensuing summer insolation maximum, which coincided with a minimum in obliquity. Unusually, atmospheric CO\textsubscript{2} concentrations reached their peak values of 260 ppmv at the time of the summer insolation minimum and then declined to 233 ± 4 ppmv by the time of the inception. Compared to EDC2, the revised EDC3 timescale has led to a longer MIS 15c, with the start and end of the interglacial
Fig. 7. Plot of atmospheric CO$_2$ and boreal summer insolation values at the time of glacial inception. (a) CO$_2$ concentration (Lüthi et al., 2008) versus daily mean insolation at the summer solstice (21 June) at 65°N (Laskar et al., 2004); (b) CO$_2$ concentration (Lüthi et al., 2008) versus insolation at 65°N integrated over the caloric summer (the 180 days of highest insolation, assuming a 360-day year) (Milankovitch, 1941; Berger, 1978); (c) CO$_2$ concentration (Lüthi et al., 2008) versus insolation at 65°N integrated over all days for which insolation exceeds 275 W m$^{-2}$ (Huybers, 2006).

occurring earlier and later, respectively, though as in MIS 15a, the effect of ice-flow irregularities may not have been entirely resolved. Again, comparison with U1308 (Hodell et al., 2008) suggests an earlier onset of millennial-scale variability by 3 kyr, which would shift the time of glacial inception to 604 kyr BP.

*MIS 17*: interglacial values persisted over two insolation peaks. Glacial inception occurred at $\sim$ 684 kyr BP, 2 kyr ahead of the summer insolation minimum and 5 kyr ahead of the obliquity minimum. Insolation and CO$_2$ values had dropped to 457 W m$^{-2}$ and 218 ± 1 ppmv, respectively.

*MIS 19c*: glacial inception at $\sim$ 775.5 kyr BP occurred near the insolation minimum at 777 kyr BP, $\sim$ 10 kyr earlier than the obliquity minimum at 765 kyr BP, in agreement with the identification of the onset of bipolar-seesaw variability in marine sequence ODP 983 in the North Atlantic (Channell et al., 2010; Tzedakis et al., 2012). Summer insolation and CO$_2$ values were 477 W m$^{-2}$ and 240 ± 5 ppmv, respectively.

The empirical evidence shows that of the nine glacial inceptions considered here (Fig. 5), five occurred over the descending limb of the 21 June at 65°N insolation curve (dominated by precession) or at its minimum. Three glacial inceptions (MIS 5e, 15a, 19c) occurred at a time of rising summer insolation, while that of MIS 15c appears to have occurred at the insolation maximum. All inceptions occurred over the descending limb of the obliquity curve and none after the obliquity minimum (Fig. 6). This lends support to climate modelling experiments that suggest that changes in obliquity dominate ice accumulation in high latitudes, while changes in the eccentricity-precession and CO$_2$ radiative forcing have each about half the effect of the obliquity forcing (Vettoretti and Peltier, 2004). Examination of summer insolation and CO$_2$ values at the nine inceptions (Fig. 7) reveals a weak negative trend: lower CO$_2$ concentrations are encountered at higher insolation values, echoing modelling results (e.g. Berger et al., 1998; Archer and Ganopolski, 2005), although the spread in insolation values is large.

### 3.2 Interglacial duration

Estimates of interglacial length (Fig. 8, Table 1) suggest two main groups with mean duration of 13 ± 3 kyr and 28 ± 2 kyr, respectively. More specifically, interglacials of the first group (MIS 5e, 7e, 9e, 15a and 19c) are characterized by early peaks in temperatures and greenhouse gas concentrations followed by monotonic declines (though not in MIS 15a). Interglacials of the second group (MIS 11c, 13a and 17) are characterized by slow deglaciation (Rohling et al., 2010; Ruddiman et al., 2011) and the persistence of interglacial values over two summer insolation peaks. The long duration of MIS 11c has been attributed to weak eccentricity-precession forcing, leading to a skipped precessional cycle, with obliquity becoming the dominant astronomical parameter driving ice volume changes (Masson-Delmotte et al., 2006). However, MIS 13a and 17 are not characterized by subdued eccentricity-precession variations, which suggests that their extended duration is a function of some other factor. This is further underlined by the short duration of MIS 19c, despite its subdued amplitude of insolation changes, as a result of weak eccentricity-precession forcing (Tzedakis et al., 2012). One aspect common to MIS 11c, 13a and 17 is that precession and obliquity are nearly opposite in phase, with the obliquity maximum post-dating the first precession minimum by 11–13 kyr and preceding the second precession minimum by 8–10 kyr. This means that the first summer insolation minimum occurred at the time of maximum obliquity. A low value of obliquity is important in determining ice accumulation in high latitudes, by leading to an intensified equator-to-pole insolation gradient and increased poleward transport of moisture, and by delaying the spring melt season (Raymo and Nisancioglu, 2003; Vettoretti and Peltier, 2004). In the absence of any significant decrease in CO$_2$ concentrations (Figs. 3 and 4), the eccentricity-precession forcing alone would not have been sufficient to override the effect of maximum obliquity, leading to a skipped precessional
Fig. 8. Estimates of the duration of interglacials during the past 800 kyr.

Fig. 9. Plot of the interval of time over which peak interglacial values are attained versus duration. (a) interval of time from interglacial start to peak $GL_{T-syn}$ temperatures versus interglacial duration; (b) interval of time from interglacial start to peak CO$_2$ concentrations versus interglacial duration. The regression lines ($R$^2 0.91) are essentially shifted from the 1 : 1 line by $\sim$ 10 kyr, representing an interglacial “relaxation” time back to glacial conditions.

The interval of time over which peak temperature and CO$_2$ values are attained is related to interglacial duration (Fig. 9): the longest interglacials (MIS 11c, 13a, 17) extend into a second higher insolation peak, where maximum interglacial Greenland temperatures and CO$_2$ values are reached. By comparison, maximum temperature and CO$_2$ values are encountered at the start of the short interglacials (MIS 5e, 7e, 9e, 19c). The strong correlations shown in Fig. 9 point to a characteristic timescale of interglacial decline of 10±3 kyr and 10.5±3.5 kyr after peak Greenland temperatures and CO$_2$ concentrations, respectively. This interglacial decline may be seen as an aspect of the forcing or of internal dynamics (e.g. limit cycle such as carbonate compensation). MIS 15c represents one notable exception, where peak values were attained at the summer insolation minimum. Decreases in Antarctic temperature and CO$_2$ took place over the rising limb of the insolation curve, which may point to the overriding influence of obliquity reaching its minimum during the same time, or alternatively to inaccuracies in the EDC3 timescale.

Figure 10 shows the CO$_2$ and summer insolation values at the time of glacial inception in relation to interglacial duration. With respect to CO$_2$ concentrations (Fig. 10a), the warmest interglacials, MIS 9e, 5e and 11c, appear to have similarly high CO$_2$ values at inception, despite differences in duration. A linear pattern, however, emerges for the “cooler” (sensu Tzedakis et al., 2009) interglacials MIS 7e, 19c, 15a, 15c, 13a and 17, which show a decrease in CO$_2$ inception values as interglacial duration increases. It is interesting to note that the ordering of these cooler interglacials reflects differences in their relative interglacial intensities on the basis of their peak values in Antarctic temperatures and CO$_2$ concentrations (Fig. 11), such that the coolest interglacial MIS 17 is also the longest. This initially appears somewhat counterintuitive, as one might have expected the coolest interglacials to glaciate faster, but it may be related to the effect of lower interglacial temperatures on precipitation: the hydrological cycle is less active when temperature decreases

Table 1. Timing of the onset and end of interglacials of the last 800 kyr and their estimated duration.

<table>
<thead>
<tr>
<th>MIS</th>
<th>Onset kyr BP</th>
<th>End kyr BP</th>
<th>Duration kyr</th>
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<tbody>
<tr>
<td>5e</td>
<td>129</td>
<td>114</td>
<td>15</td>
</tr>
<tr>
<td>7e</td>
<td>242.6</td>
<td>233.6</td>
<td>9</td>
</tr>
<tr>
<td>9e</td>
<td>335</td>
<td>323.4</td>
<td>11.6</td>
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<tr>
<td>11c</td>
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<td>17*</td>
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<tr>
<td>19c</td>
<td>788</td>
<td>775.5</td>
<td>12.5</td>
</tr>
</tbody>
</table>

* The EDC3 chronology, which forms the basis for the age of these events, may be affected by ice-flow irregularities in that part of the EDC ice core, which in turn influences the estimated duration of these interglacials (see text).
Fig. 10. Plot of atmospheric CO₂ and boreal summer insolation values at the time of glacial inception versus interglacial duration. (a) CO₂ concentration at inception versus duration; (b) daily mean insolation at the summer solstice (21 June) at 65° N (Laskar et al., 2004) at inception versus interglacial duration; (c) insolation at 65° N integrated over the caloric summer (the 180 days of highest insolation, assuming a 360-day year) (Milankovitch, 1941; Berger, 1978) at inception versus duration; (d) insolation at 65° N integrated over all days for which insolation exceeds 275 W m⁻² (Huybers, 2006) versus interglacial duration.

and lower snow accumulation could outweigh the effect of reduced ablation on ice sheet growth (e.g. Källén et al., 1979; Ghil and Le Treut, 1981; Ghil et al., 1987). Lower CO₂ concentrations would therefore be required to trigger glacial inception and this may account for differences in relative interglacial duration, such as that between the ‘double-peaked’ interglacials MIS 13a and 17.

No clear pattern emerges with respect to summer insolation (daily mean insolation at the summer solstice, insolation integrated over the caloric summer and insolation integrated over all days for which insolation exceeds 275 W m⁻²) values at inception and interglacial duration (Fig. 10b, c, d). A weak negative trend may be discerned within the longer interglacials, but interglacials with similar durations (e.g. MIS 13a and 11c) had substantially different insolation values at glacial inception. The overall lack of pattern may be related to timescale inaccuracies, but it may also imply that the instantaneous value of insolation at inception is not the critical parameter controlling interglacial duration.

Fig. 11. Relative intensities of the “cooler” interglacials on the basis of their peak values in Antarctic temperatures and CO₂ concentrations. (a) atmospheric CO₂ concentration in Antarctic ice cores (Lüthi et al., 2008); (b) δD composition of ice in the EDC ice core (Jouzel et al., 2007). Records are plotted on the EDC3 timescale of Parrenin et al. (2007).

4 Synthesis

The start of interglacials is in line with the canonical view of Milankovitch forcing dictating the broad timing of interglacials (Milankovitch, 1941; Hays et al., 1976). More specifically, insolation/precession changes pace the timing of terminations, although the actual mechanisms controlling terminations may be related to the critical size of ice sheets and also to bipolar-seesaw variability and its influence on CO₂ concentrations, combined with insolation forcing and ice-albedo feedbacks (e.g. Raymo, 1997; Paillard, 2001; Wolff et al., 2009; Denton et al., 2010; Barker et al., 2011). Glacial inception always takes place when obliquity is decreasing, but does not appear to be a simple function of the crossing of a specific threshold value in insolation (cf. Calder, 1974). Interglacials may be classified as either short (mean duration ~ 13 kyr) or long (mean duration ~ 28 kyr). The phasing of precession and obliquity appears to influence the persistence of interglacial conditions over one or two insolation peaks: the longest interglacials are characterized by the first summer insolation minimum occurring at the time of maximum obliquity, leading to a skipped precessional beat. Peak interglacial conditions are reached either early in the short interglacials or during the second insolation peak in the longer interglacials, with one exception (MIS 15c) when
temperature and CO$_2$ appear to have peaked near the summer insolation minimum. Glacial inception takes place approximately 10 kyr after peak interglacial conditions, representing a characteristic timescale of interglacial decline.

These observations suggest that one may be able to predict the broad duration of an interglacial from its very outset. If the start of an interglacial and its associated insolation maximum/precession minimum occurs 9 kyr or more before the obliquity maximum (Fig. 6), then we would expect a long interglacial which would register peak conditions during the second insolation maximum (MIS 11c, 13a, 17; Fig. 12a). If the start of an interglacial and its associated insolation maximum/precession minimum occurs near the peak in obliquity (Fig. 6), then an interglacial of approximately half a precession cycle would be expected (MIS 5e, 9e, 15a, 19c; Fig. 12b). Given that glacial inceptions do not occur over the ascending limb of the obliquity curve (Fig. 6), an even shorter duration would be expected if the interglacial starts well after (e.g., 8–9 kyr) the obliquity peak (MIS 7e; Fig. 12c). MIS 15c is something of a conundrum in that the phasing of precession and obliquity would suggest an interglacial lasting about half a precession cycle, but its estimated duration is between long and short interglacials (∼20 kyr), with glacial inception occurring at the insolation maximum, which may imply that the EDC3 chronology is affected by ice-flow irregularities in that part of the core. A corollary of all this is that we should also be able to predict the duration of the current interglacial in the absence of anthropogenic interference. The phasing of precession and obliquity (precession minimum/insolation maximum at 11 kyr BP; obliquity maximum at 10 kyr BP) would point to a short duration, although it has been unclear whether the subdued current summer insolation minimum (479 W m$^{-2}$), the lowest of the last 800 kyr, would be sufficient to lead to glaciation (e.g., Crucifix, 2011). Comparison with MIS 19c, a close astronomical analogue characterized by an equally weak summer insolation minimum (474 W m$^{-2}$) and a smaller overall decrease from maximum summer solstice insolation values, suggests that glacial inception is possible despite the subdued insolation forcing, if CO$_2$ concentrations were $240 \pm 5$ ppmv (Tzedakis et al., 2012).

Second-order differences in the relative timing of glacial inception within the same duration group (long and short interglacials) may be caused by chronological uncertainties and the simplistic assumption of a fixed lag between new ice growth and the onset of bipolar-seesaw variability. Small variations in climatic context of an interglacial and the magnitude of feedbacks may also have contributed to the divergence in the timing of glacial inception. For example, a negative precipitation-temperature feedback may be responsible for the greater interglacial duration associated with cooler interglacials.

While more precise chronologies are still required, especially for the interval 400–800 kyr BP, the systematic estimation of interglacial length represents a step towards the development of a theoretical framework to account for first-order differences in interglacial durations in the Middle and Late Pleistocene. Second-order differences may be more difficult to predict (why is MIS 5e longer than MIS 19c?), especially if stochasticity in the climate system and small variations in context and feedbacks lead to differences in the timing of inception. Although contextual differences (e.g., residual ice volume) may not be easy to reconstruct from proxy records especially for earlier interglacials, experiments with Earth System models may provide useful insights into their relative importance. In more general terms, the analysis presented here emphasizes the “memory” of the climate system, whose response to insolation forcing depends on the evolution of astronomical parameters and their integrated effects over time, rather than the instantaneous forcing strength.
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