

# A continuous 55-million-year record of transient mantle plume activity beneath Iceland

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**Supplementary Table S1 | Constants and variables used in buoyancy flux calculations**

Symbol	Description	Value	Unit
$B$	Buoyancy flux	–	$\text{Mg s}^{-1}$
$T_p$	Asthenospheric potential temperature	–	$^{\circ}\text{C}$
$t$	Travel time, VSR 1	4.8	Myrs
$\Delta T$	Average excess Iceland plume temperature <sup>31,32</sup>	$150 \pm 50$	$^{\circ}\text{C}$
$r$	Radial distance from Iceland, VSR 1	700	km
$h$	Vertical plume head thickness <sup>33</sup>	$125 \pm 25$	km
$\rho_m$	Density of lithospheric mantle	$3.2 \times 10^3$	$\text{kg m}^{-3}$
$\alpha$	Thermal expansion coefficient <sup>34</sup>	$3 \times 10^{-5}$	$^{\circ}\text{C}^{-1}$
$u$	Plate half-spreading rate	12.5	$\text{mm yr}^{-1}$
$\kappa$	Thermal diffusivity <sup>35</sup>	$0.8 \times 10^{-6}$	$\text{m}^2 \text{s}^{-1}$
$g$	Gravitational acceleration	9.8	$\text{m s}^{-2}$

Supplementary Table S2 | Constants and variables used in thermal boundary layer analysis

Symbol	Description	Value	Unit
$\eta$	Viscosity		Pa s
$E$	Activation energy		kJ mol <sup>-1</sup>
$R$	Gas constant	8.314	J K <sup>-1</sup> mol <sup>-1</sup>
$T$	Temperature		K
$\gamma$	Viscosity scaling factor		
$\delta_0, \delta_1$	Boundary layer thickness		km
$d$	Length scale of convecting layer		km
$Ra_i$	Rayleigh number of convecting interior		
$\alpha$	Thermal expansion coefficient, 660 km <sup>34</sup>	$2.5 \times 10^{-5}$	°C <sup>-1</sup>
	Thermal expansion coefficient, CMB <sup>34</sup>	$1.0 \times 10^{-5}$	°C <sup>-1</sup>
$\rho$	Density, 660 km <sup>36</sup>	$4.0 \times 10^3$	kg m <sup>-3</sup>
	Density, CMB <sup>36</sup>	$5.4 \times 10^3$	kg m <sup>-3</sup>
$\kappa$	Thermal diffusivity, 660 km <sup>35</sup>	$0.8 \times 10^{-6}$	m <sup>2</sup> s <sup>-1</sup>
	Thermal diffusivity, CMB <sup>37</sup>	$2.0 \times 10^{-6}$	m <sup>2</sup> s <sup>-1</sup>
$t$	Time		Myrs

### Thermal Boundary Scaling

The observed periodicity of VSRs can be used to investigate the likely origin of thermal anomalies within the convecting mantle. Episodic thermal anomalies are probably generated at a thermal boundary layer (e.g. 660-km phase transition, core-mantle boundary<sup>38,39</sup>). We can test if the observed periodicity is consistent with generation at one or other of these boundaries. We assume that mantle material has a Newtonian viscosity,  $\eta$ , where

$$\eta = \eta_0 \exp(E/RT) \quad (3)$$

where  $\eta_0$  is the viscosity at 0°C,  $E$  is the activation energy,  $R$  is the gas constant and  $T$  is temperature. We also define a dimensionless parameter,  $p$ , where

$$p = \gamma \Delta T. \quad (4)$$

$\gamma$  is a constant scaling factor and  $\Delta T$  is the temperature difference within the convecting layer<sup>40</sup>. It follows from Equation (3) that

$$\log \eta = \log \eta_0 + \frac{E}{RT} \quad (5)$$

and the change in viscosity with temperature can be written

$$\frac{-d \log \eta}{dT} = \frac{E}{RT^2} = \gamma. \quad (6)$$

Solomatov<sup>40</sup> showed that if convection initiates at a lower boundary layer with thickness  $\delta_1$ , then

$$\delta_1 \sim \frac{\delta_0}{\gamma \Delta T} = \frac{1}{p} \delta_0 \quad (7)$$

where  $\delta_0$  is the thickness of the upper boundary layer. Convection above the lower boundary layer is reduced to constant viscosity convection with an effective driving temperature scale, given by

$$\Delta T_{rh} \sim \gamma^{-1} = p^{-1} \Delta T \quad (8)$$

where  $\Delta T_{rh}$  is the rheological temperature difference. Thus

$$\delta_0 \sim dp^{4/3} Ra_i^{-1/3} \quad (9)$$

where  $d$  is the depth of the convecting layer and  $Ra_i$  is the Rayleigh number of the convecting interior. Combining Equations (7) and (9), we obtain

$$\delta_1 \sim dp^{1/3} Ra_i^{-1/3} \quad (10)$$

where

$$Ra_i = \frac{\alpha g \rho \Delta T d^3}{\kappa \eta_i}. \quad (11)$$

$\alpha$  is thermal expansivity,  $g$  is the acceleration due to gravity,  $\rho$  is density,  $\Delta T$  is the temperature above the thermal boundary layer,  $\kappa$  is thermal diffusivity and  $\eta_i$  is viscosity of the convecting interior. Combining Equations (10) and (11) we obtain

$$\delta_1 = \left( \frac{\kappa \eta_i p}{\alpha g \rho \Delta T} \right)^{1/3}. \quad (12)$$

Using Equation (4), we obtain

$$\delta_1 = \left( \frac{\kappa \eta_i \gamma}{\alpha g \rho} \right)^{1/3}. \quad (13)$$

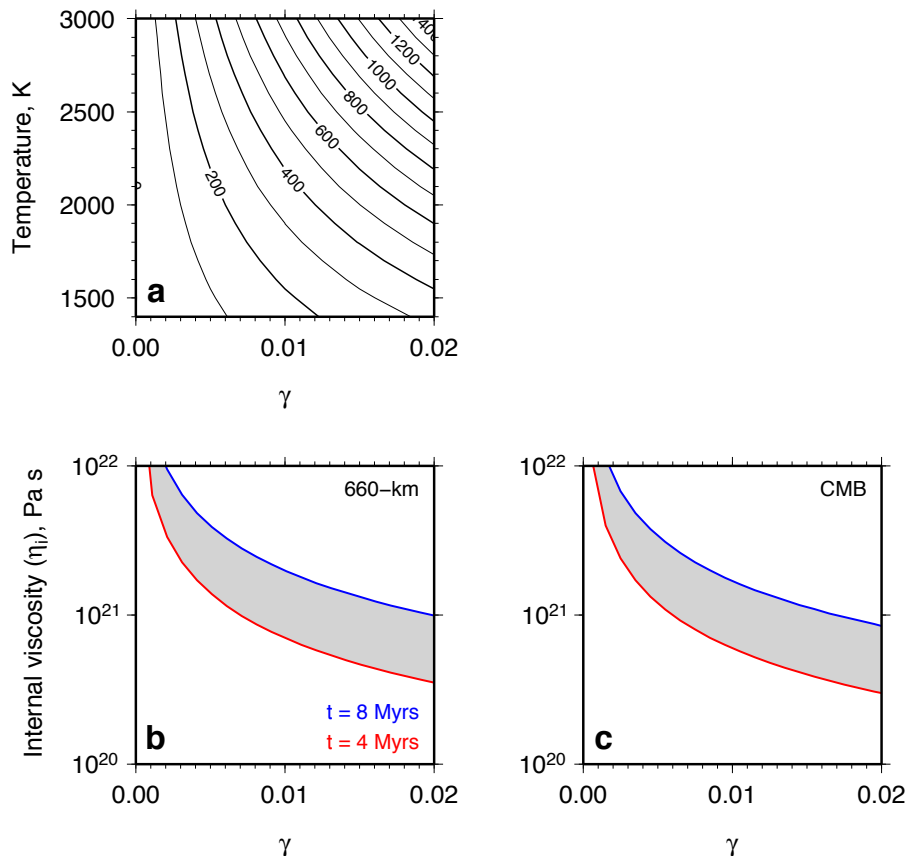
At the onset of a thermal transient event, growth in thickness of the thermal boundary layer is given by

$$\delta(t) = \sqrt{(\pi \kappa t)} \quad (14)$$

where  $t$  is time. Combining Equations (13) and (14) we obtain

$$\eta_i = \frac{(\pi \kappa t)^{3/2} \alpha g \rho}{\kappa \gamma}. \quad (15)$$

Using Equation (6), we can describe viscosity as a function of  $T$  and  $E$  and then estimate  $\gamma$  for boundary layers located at 660 km depth and at the core-mantle boundary (Figure S1a). Equation (15) is used to test whether VSR periodicities of 4–8 Myrs are compatible with independent viscosity constraints (Figures S1b and S1c).



**Figure S1: Boundary layer stability analysis.** **a**, Relationship between temperature and viscosity scaling factor,  $\gamma$ , for range of activation energy values (labelled contours, in  $\text{kJ mol}^{-1}$ ). **b**, Internal mantle viscosity,  $\eta_i$ , plotted as a function of  $\gamma$  using values appropriate for a thermal boundary layer at 660-km discontinuity and VSR periodicities of 4 Myrs (red line) and 8 Myrs (blue line). **c**, Same for core-mantle boundary (CMB).

For an average adiabat of 1600 K, the temperature at the 660-km discontinuity is  $\sim 1850 \text{ K}^{41}$ . Values between  $300\text{--}500 \text{ kJ mol}^{-1}$  represent a sensible range of activation energy estimates at depths of 660 km<sup>42,43</sup>. Therefore  $\gamma$  is 0.011–0.018 (Figure S1a). For VSR periodicities of 4–8 Myrs, this range of  $\gamma$  values requires a viscosity of  $10^{20}\text{--}10^{21} \text{ Pa s}$  at the 660-km discontinuity (Figure S1b). Temperature estimates for the core-mantle boundary can be obtained by extrapolating transition-zone temperatures downward along mantle adiabats, which yields  $2500\text{--}2800 \text{ K}^{39,44}$ . In the lower mantle, where deformation by diffusion creep is significant, activation energy is probably  $250\text{--}350 \text{ kJ mol}^{-1}$ . This range yields  $\gamma$  values of 0.004–0.007 (Figure S1a)<sup>43</sup>. In this case, we obtain a viscosity of about  $10^{21} \text{ Pa s}$  at the core-mantle boundary (Figure S1c). Both results are compatible with estimates of mantle viscosity from laboratory experiments and from glacio-isostatic rebound calculations<sup>39,45,46</sup>.

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